

MOT

Men Only Thursdays Cancer Support Group

Are you a man? Have you or anyone else close to you been affected by cancer? Would you like to meet other men in a similar position?



CanSurviveUK
enabling, empowering, educating

Providing culturally sensitive support and information for people with cancer, their families and carers



LOTTERY FUNDED



What do we offer?

Regular meetings where you can chat with others and share experiences

Health and wellbeing therapies (relaxation, massage, reflexology)

Structured cancer related workshop - i.e. managing fatigue, stress and anxiety

Advice and tips on how to manage both practical and emotional issues

When do we meet?

We meet fortnightly on Thursdays, 1pm-3pm at Kath Locke Centre, 123 Moss Lane East, Manchester M15 5DD

All activities and workshops are delivered by qualified and experienced individuals.

Activities are free and refreshments are provided.

We welcome men who are carers, family and friends (over 18 years) of people with cancer.

For more information contact Marcella:

Office: 0161 455 0211

Mobile: 07496 089310

Email: info@can-survive.org.uk

This project is targeted at, but not exclusive to, BME and marginalised men living in Manchester.

Can-Survive UK, Kath Locke Centre, 123 Moss Lane East, Manchester M15 5DD Registered Charity number 1166128
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Dates for MOT meetings in 2018

Day: Thursdays

Time: 1pm – 3pm

Venue: Kath Locke Centre, 123 Moss Lane East, Manchester M15 5DD

Refreshments and light lunch provided. Reasonable travel expenses paid

Thursday 11 January

Thursday 25 January

Thursday 8 February

Thursday 22 February

Thursday 8 March

Thursday 22 March

Thursday 5 April

Thursday 19 April

Thursday 3 May

Thursday 17 May

Thursday 31 May

Thursday 14 June

Thursday 28 June

Thursday 12 July

Thursday 26 July

Thursday 9 August

Thursday 22 August

Thursday 6 September

Thursday 20 September

Thursday 4 October

Thursday 18 October

Thursday 1 November

Thursday 15 November

Thursday 29 November

Thursday 13 December