

Can-Survive in Trafford

Here to support you
through your cancer
journey



Can-SurviveUK

supporting people living with or affected by cancer

Can-Survive UK in Trafford

We are a welcoming space for everyone affected by cancer, with a special focus on supporting people from **African** and **Caribbean** backgrounds. We understand that culture, family, faith, and shared experiences can play an important role in how we cope. Our group offers a space where you can feel seen, heard, and supported – just as you are.

Thursdays

12 noon – 2pm

Limelight Health and Wellbeing Hub

1 St Bride's Way, Old Trafford
Manchester M16 9NW

- A safe, welcoming, and confidential space to talk and share
- Peer support and encouragement from others in the group
- Wellbeing activities including relaxation, mindfulness, gentle movement, and creative sessions
- Culturally aware support that respects your background, identity, and experiences
- Opportunities for friendship, connection, and a sense of community

We'll provide the refreshments and a light lunch. So come along and join us.

Reasonable travel expenses paid upon production of a receipt.

To find out more:

Call **07534 417408**

Visit **can-survive.org.uk/trafford**

Email

supportgrouptrafford@can-survive.org.uk

or scan the QR code

